

Jenny Biancardi Consultancy



The Memory Lingers On:
A Primal Look at
Attachment.
Weekend Workshop
28-29 April 2012.



Overview

This open workshop which takes a primal look at attachment is running for the fourth time, in Newcastle upon Tyne, over the weekend of 28-29 April 2012. This open workshop is suitable for anyone interested in the connection between birth experiences, attachment issues, and later life responses. As well as counting as CPD, this can also be used as training hours for psychodrama students. The facilitators are Tony Slater and Jenny Biancardi.

Content

Many people are unaware of how much the first powerful experience of their lives – their birth – impinges on their everyday experience. This is a fascinating workshop where you will have the chance to experience for yourself some of the impact that still informs your behaviour and responses.

Many past participants have found that understanding and having a new experience helps change unwanted behaviours and feelings that have a primary source.

- Are you still waiting to be rescued?
- Under pressure – does it feel like a life and death experience?
- Are all transitions alarming, or feel dangerous?
- Are you always late for everything despite your best efforts: do you avoid being first and early?
- Does intimacy fill you with fear?
- Do you often feel that life just happens to you, without you being in the driver's seat?

These, and many other responses, can often be traced to birth experiences. We will use psychodrama, primal integration and guided imagery to illicit the early patterning which may still be in evidence today, and to work with these to minimise their impact.

Participants

This workshop is for anyone who is interested in their own, their children's, their partner's, or their clients' connection with their own births. This is a very experiential workshop – it is not necessary to know the detail of your birth – but any knowledge will help.

Course Facilitators

Jenny Biancardi: Person centred psychotherapist, trainer, mentor, and qualified psychodramatist. Jenny also runs a Supervision Certificate training course, and is a BPA-registered senior trainer, BACP Senior Registered Practitioner, and UKCP registered psychotherapist.

Tony Slater: Tony is an experienced trainer and therapist with a particular interest in primal integration. He originally worked with Frank Lake, learning and developing skills in this intriguing area of therapy.

Course Details

Dates and times: 28-29 April 2012. Saturday 10am – 6pm. Sunday 10am – 3pm.

Venue: Central Newcastle upon Tyne.

Cost: £145.00. (Deposit: £40 by cheque payable to Jenny Biancardi. Balance £105.)

An attendance certificate is provided for CPD purposes. Tea and coffee are provided. Places are limited, so early booking is advisable.

For further details, and to book, please contact:

Jenny Biancardi
9 Stratford Grove
Heaton
Newcastle upon Tyne
NE6 5AT

Tel: 0191 265 9664.
Email: jenny.biancardi@dial.pipex.com
Website: www.jennybiancardi.co.uk

Updated: 31/1/2012.